



Robert  
Schwartz

"YEARS AGO I HAD A PROFOUND SPIRITUAL EXPERIENCE—an experience of myself as Unconditional Love—that forever changed the course of my life. That singular, transformative experience led me to embark on a search for meaning; specifically, the meaning of the challenges we face in life. Why do "bad" things happen? Is human suffering random and pointless, or is there a hidden plan? I had to know.

Though my education is firmly based in the scientific method, and though I was initially skeptical of mediumship, I chose mediumship as the method by which I would answer these questions. Working with several gifted mediums, I spoke with highly evolved beings on "the other side," who told me that we ourselves plan our greatest challenges before we're born. I learned specifically why we plan such challenges as difficult relationships, physical illness, the death of a loved one—indeed, every type of life challenge. These conversations with Spirit formed the foundation of my two books.

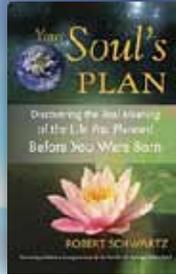
Eventually, I became certified to use hypnosis in past and between lives regressions. Both of these forms of hypnosis allow the client to discover through direct experience why they came into body, how well they are fulfilling their life plan, and perhaps most importantly, what they can do to heal and lead a life filled with love, joy, and peace.

It is my great privilege to help my clients heal and create such rich, joyful lives for themselves. My intention is to infuse my work with love, compassion, and empathy. Should you choose to work with me, I will be honored to be one of the lights on your path."

—Robert Schwartz

## Books

by Robert Schwartz



**Robert Schwartz** is certified as both a Past Life Soul Regression Therapist and a Between Lives Soul Regression Therapist by the International Between Lives Regression Network.

Robert is a pioneer in the field of pre-birth planning, the study of how and why we ourselves plan our lives, including our greatest challenges, prior to birth. He is the author of two groundbreaking books, *Your Soul's Plan: Discovering the Real Meaning of the Life You Planned Before You Were Born* and *Your Soul's Gift: The Healing Power of the Life You Planned Before You Were Born*. His books have been translated into twenty-two languages.

He lectures internationally at such venues as the College of Psychic Studies (England), Findhorn (Scotland), the International Institute of Integral Human Sciences (Canada), and the International Conference on After Death Communications, Kripalu, and the United Nations (US).

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For more information or to schedule a session,  
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# Spiritual Guidance Sessions

# Regression Sessions

# Contact A Deceased Loved One



with  
Robert  
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Sessions by phone, Skype, or in person  
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# Spiritual Guidance Sessions

These one-hour sessions are conducted by phone or Skype. In these sessions Robert offers guidance from a spiritual perspective, drawing upon his years of research into the spiritual meaning and purpose of life challenges.

The sessions are intended to help you answer such questions as: Why is this happening? What does it mean? How do I move forward with acceptance and greater ease? What did I as a soul intend to learn through this experience and in this lifetime? Often, Robert utilizes the Divine Virtues Exercise he developed, which offers insight into the specific qualities you sought before you were born to cultivate and express in your lifetime.

# Regression Sessions

Robert Schwartz offers two types of hypnotic regressions, Past Life Soul Regressions (PLSRs) and Between Live Soul Regressions (BLSRs). Both types of sessions powerfully catalyze emotional, physical, and spiritual healing and lead to greatly expanded self-understanding. Both afford opportunities to speak with wise, loving beings in spirit with whom you may discuss any questions you have about your relationships, your challenges, or any other aspects of your life.

# Contact A Deceased Loved One

Would you like to feel the presence – the unique energy – of a loved one who has returned to Spirit? Would you like to receive a specific message from your loved one?

In this type of session, I use a hypnotic induction specifically designed to facilitate your entry into a trance state in which you contact a loved one who has returned to Spirit. This is not a session in mediumship or channeling; rather, it is a direct experience. This type of session is offered by phone or Skype. Sessions average ninety minutes in length, but please allow two hours in your schedule.

## **Past Life** Soul Regression (PLSR)

A PLSR takes 2 - 2½ hours, but we schedule 3 hours to ensure enough time. These sessions are conducted by phone or Skype. A PLSR may be thought of as “deletion work.” That is, there is some block or trauma of past life origin that needs to be “deleted” or healed so that you can move forward in life. Often, simply experiencing the past life in which the block or trauma arose is sufficient to create deep healing.

A PLSR can help you to resolve generalized fear or anxiety, specific phobias, grief, and many other emotional, physical, and spiritual issues. In a PLSR you may also experience a past life that had a direct bearing on your plan for your current lifetime, thus giving you greater clarity and insight into the purpose of your life and your relationships. Often, clients have the opportunity to talk with a spirit guide or “deceased” loved ones.

## **Between Lives** Soul Regression (BLSR)

A BLSR usually takes 3 ½ hours, but we schedule 4 hours to ensure enough time. These sessions are conducted by phone or Skype.

Most likely you will talk at length with one of your spirit guides or the Council of Elders, the wise, loving and highly evolved beings who oversee the cycle of reincarnation on Earth. Both your guide and the Council members know everything about you. In this conversation you would have the opportunity to ask any questions you may have on any subject, including your life plan and purpose, significant relationships, and the deeper spiritual meaning of any physical or emotional difficulties, as well as how to heal from those challenges. Often the Council will provide a powerful energetic healing. After a BLSR many clients state, “I received an answer to every question I asked, and I have no more questions about my life!”

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*A discounted package price is available to clients who have both a PLSR and BLSR.*

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Purchase your Spiritual Guidance Session, PLSR, and/or BLSR online at the Online Store at [www.yoursoulsplan.com](http://www.yoursoulsplan.com).  
After I receive notification of your purchase, I will contact you to schedule your session.  
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